

Haute école de santé Genève

Sinn und Unsinn in der palliativen Wundpflege

SASRO Kongress 2018

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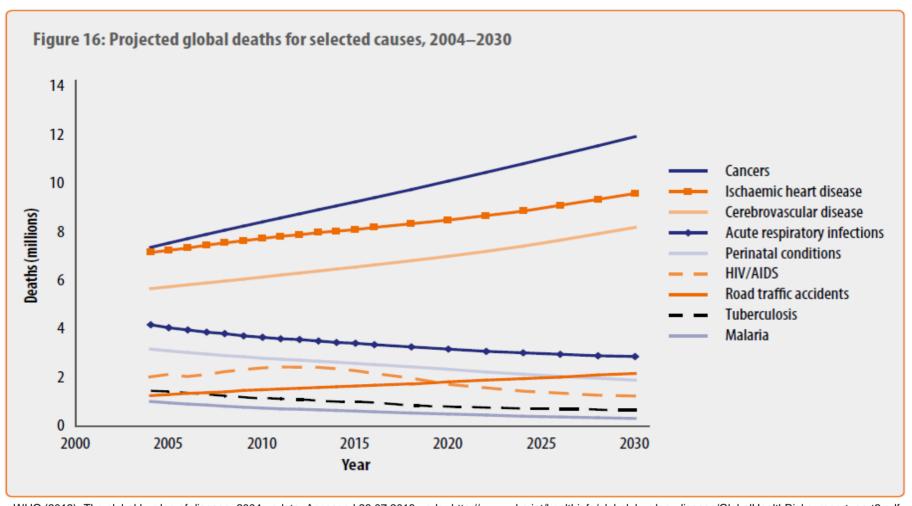
Deklaration Interessenskonflikt

Für diese Präsentation deklariere ich keinen Intressenskonflikt

Hintergrund

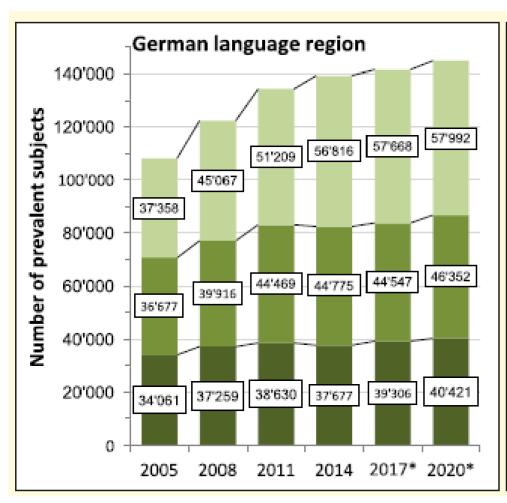
- Palliative Wundpflege wird meist als Pflege am Ende des Lebens wahrgenommen.
- Palliative Wundpflege erfolgt über das ganze Pflegekontinuum
- Verwandte Konzepte sind: Wundpflege am Ende des Lebens, Hospizpflege und Symptommanagement
- Ziel der palliativen Wundpflege ist das lindern oder verhindern von Leiden von wundspezifischen Symptomen, um die Lebensqualität zu erhalten oder zu verbessern.

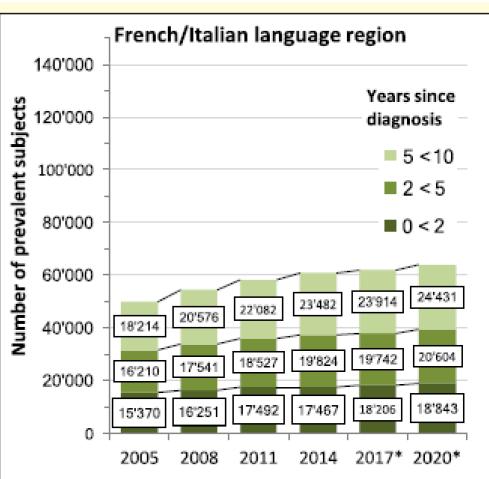
Mortalität 2004-2030



WHO (2012). The global burden of disease: 2004 update. Accessed 28.07.2018 under http://www.who.int/healthinfo/global_burden_disease/GlobalHealthRisks_report_part2.pdf

Prävalenz der Krebserkrankungen CH





Nicer (2018). Prevalence of all cancer sites in Switzerland. Accessed 29.08.2018 under: http://www.nicer.org/assets/files/publications/others/skb 01 2018 swiss cancer prevalence and language region.pdf

Welche Population leidet unter einer palliativen Wunde?

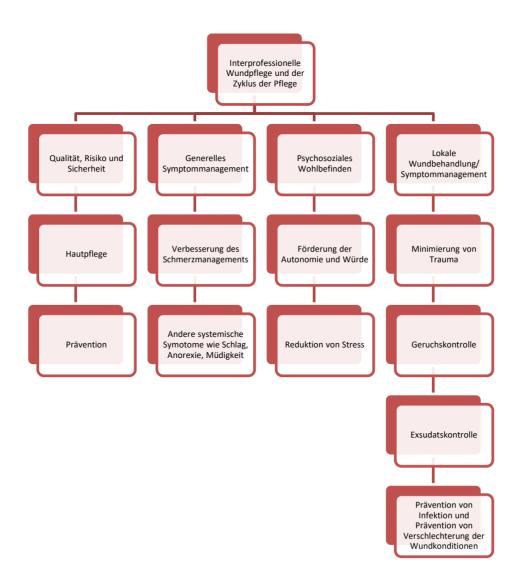
Patienten mit
Erbkrankheiten, die die
Haut betreffen:
Epidermolysis bullosa

Patienten mit Krankheiten, die die Haut betreffen: Kardiovaskuläre Erkrankungen; Diabetes; Immunkrankheiten; Krebs

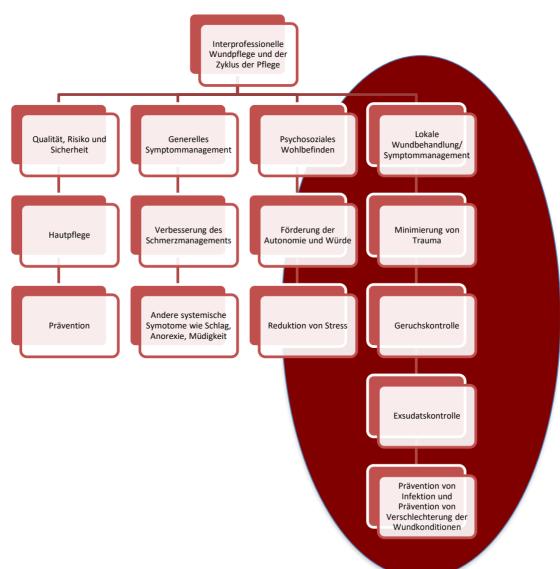
Neugeborene

Schwächere Patienten allen Alters

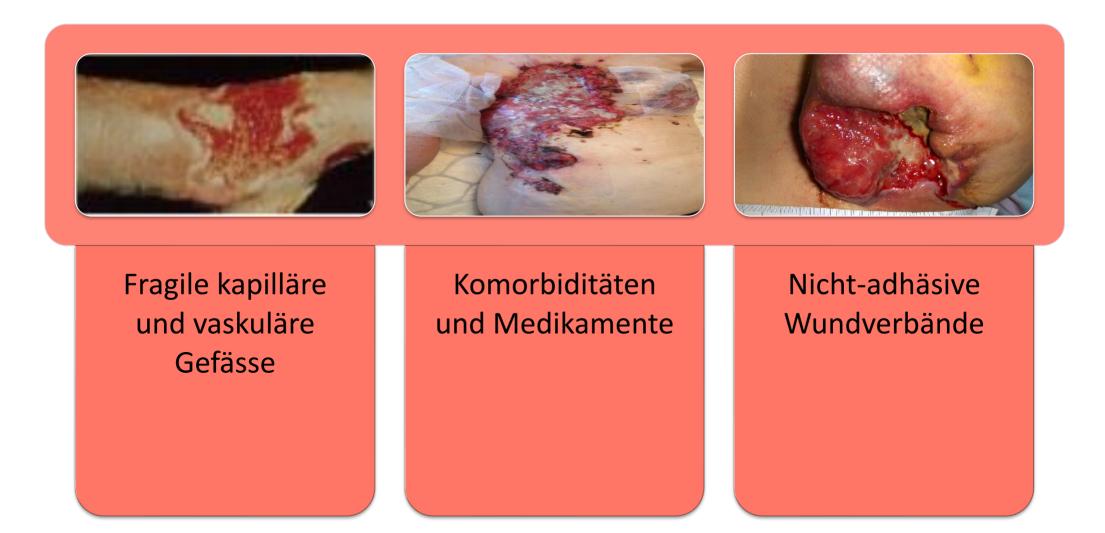
Schlüsselkomponenten für die interprofessionelle Wundbehandlung



Schlüsselkomponenten für die interprofessionelle Wundbehandlung



Sinn oder Unsinn - Verhinderung von Blutungen



Probst, S., Grocott, P. Graham, T. Gethin, G. (2015). Recommendation for the care of patients with malignant fungating wounds European Oncology Nursing Society (EONS), London.

Sinn oder Unsinn - Verhinderung von Blutungen: Topische haemostatische Stoffe

Kategorie	Beispiel	Kommentar
Natürliche Hämostase	KalziumalginateKollageneOxidierte Zellulose	Zur Kontrolle von kleinerenBlutungenAls Wundverband verfügbar
Koagulantien	Gelatine-SchwämmeThrombin	Teure ProdukteRisiko von Embolien
Sklersodierende Stoffe	TrichloressigsäureSilbernitrat	 Kann bei der Applikation brennen Hinterlässt ein Koagulum, das als proinflammatorischer Stimulus wirkt
Fibrinolytische Antagonisten	- Tranexamsäure	 Orale Applikation Gastroindestinale Nebenwirkung (Nausea/Emesis)
Adstringente Stoffe	- Alaun - Surkalfat	- Kann Residuen auf der Wunde zurücklassen

Probst, S., Grocott, P. Graham, T. Gethin, G. (2015). Recommendation for the care of patients with malignant fungating wounds European Oncology Nursing Society (EONS), London.

Sinn oder Unsinn - Verhinderung von Blutungen: andere Möglichkeiten

- Medikamentös: Benzodiazepine subkutan (Midazolam)
- Einmalige Radiotherapie









Op-Tücher bei grossen Blutmengen



Eine Kombination von Faktoren wie Bakterien, nekrotisches Gewebe starke Exsudation und schlecht vaskularisiertes Gewebe.

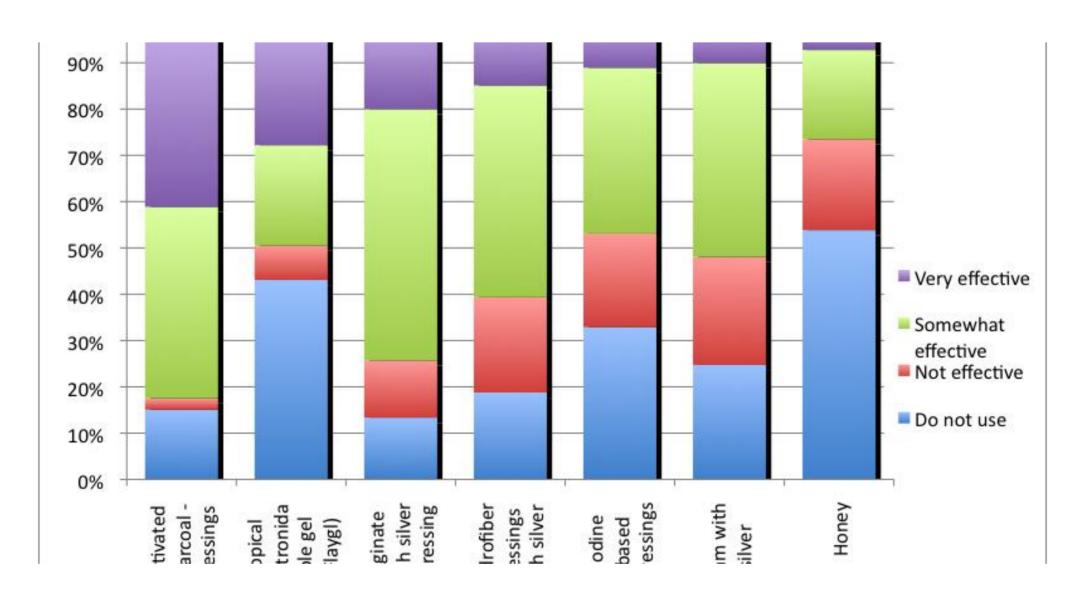
Durch eine Kombination von Aminen und Diaminen wie Kadaverin und Putreszin mittels des metabolischen Prozesses von anderen proteolytischen Bakterien produziert werden.

Dieser Geruch wird mit dem Geruch von verwesendem Fleisch verbunden.

Sinn oder Unsinn – Wundgeruch - Assessment

(12% des Gesundheitspersonals führen ein Assessment durch)

	N
Skalen (Typ wurde nicht genannt)	10
Vorkommen von Geruch	29
3 Punke Skala	11
4 Punkte Skala	10
10 Punkte Skala	2
TELER Skala	4
Distanz zu Geruch (Raum – Wunde geschlossen – Wunde offen)	6
Beschreibung in Worten	63
Andere	49



Gethin, G., Grocott, P., Probst, S., & Clarke, E. (2014). Int J Nurs Stud, 51(6), 865–874.; Probst S. (2015). British Journal of Nursing. 8;24(6):S22.



Gethin, G., McIntosh, C., Probst, S. (2016). Complementary and Alternative Therapies for Management of Odor in Malignant Fungating Wounds: A Critical Review. Chronic Wound Care Management and Research, 3: 1-7.

SUMMARY OF FINDINGS FOR THE MAIN COMPARISON (Explanation)

Metronidazole compared to Placebo for treating malignant wounds

Patient or population: treating malignant wounds

Setting: hospital

Intervention: metronidazole
Comparison: placebo

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	∾ of participants (studies)	Quality of the evidence (GRADE)	Comments
	Risk with Placebo	Risk with Metronida- zole				
				6 (1 RCT)	⊕○○○ very low ¹	It is uncertain whether metronidazole leads to a reduction in malodour because the quality of the evidence is very low
Adverse effects	Study population		not estimable	6 (1 PCT)	NA	
	0 per 1000	0 per 1000 (0 to 0)		(1 RCT)		

*The risk in the intervention group (and its 95% CI) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI). CI: confidence interval; RR: risk ratio; MD: mean difference.

GRADE Working Group grades of evidence

High quality: we are very confident that the true effect lies close to that of the estimate of the effect.

Moderate quality: we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

Low quality: our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.

Very low quality: we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect

Wound Care



Polyhexanide Versus Metronidazole for Odor Management in Malignant (Fungating) Wounds

A Double-Blinded, Randomized, Clinical Trial

Diana Lima Villela-Castro . Vera Lucia Conceição de Gouveia Santos . Kevin Woo

ABSTRACT

PURPOSE: The aim of this study was to compare the effects of 0.2% polyhexamethylene biguanide (PHMB) to 0.8% metronidazole on malignant wound (MW) odor, health-related quality of life (HRQOL), and pain upon application.

DESIGN: A double-blinded, randomized, clinical trial.

SUBJECTS AND SETTING: Twenty-four patients with malodorous MWs hospitalized in a referral cancer center in Sao Paulo, Brazil, participated in the trial.

METHODS: Participants were randomly allocated to treatment with 0.8% metronidazole solution (control group) or 0.2% PHMB (experimental group). Study outcomes were measured at baseline (day 0), 4 days, and 8 days. The primary end point was the odor that was measured in terms of its intensity, quality, and impact on participants during the study period. Health-related quality of life was measured with the Ferrans and Powers Quality of Life Index-Wounds Version (FPQLI-WV) on day 0 and on the day when odor was completely eliminated as per evaluation by the investigators. Pain intensity related to application of the control and experimental solutions was measured as a secondary outcome using a scale of 0 to 10.

RESULTS: Twenty patients (83.3%) were classified as having "no wound odor" at 4 days, and 100% achieved no wound odor by day 8 (P < .001). Odor control in patients with MW significantly influenced their general HPQOL (P = .002). We found no difference in odor elimination, or HPQOL, when patients managed with PHMB were compared to those managed with metronidazole. There were no statistically significant differences over time in pain measurement between the 2 groups.

CONCLUSIONS: Both PHMB and metronidazole significantly reduced odor in malodorous MWs within 4 days. Neither solution was found to be more effective than the other in the magnitude of odor reduction or its effect on condition-specific HRQOL.

KEY WORDS: Fungating wounds, Local anti-infective agents, Metronidazole, Polymeric polyhexanide biguanide, Skin neoplasms, Wounds and injuries.

INTRODUCTION

Malignant wounds (MWs), sometimes referred to as fungating, ulcerating cancerous, or malignant cutaneous wounds, occur when a malignancy infiltrates the skin and surrounding blood and lymphatic vessels via direct invasion from a primary lesion or via metastasis from a distant primary tumor. Metastatic MWs are most commonly associated with cancer of the breast and head and neck. Malienant wounds are caused by ranges between 0.6% and 9.0%; they usually occur in patients with advanced stages of cancer receiving palliative or end-of-life care. Bleeding, foul odor, pain, profuse exudate, and local infection are frequent and distressing aspects of MWs.^{2,6} In a survey study of 269 nurses exploring difficulties associated with the care of MWs.⁶ 48% identified management of odor as a challenge, followed by pain control (46%), containment of exudate (30%), bleeding (27%), and problems with the

24 Patienten (12 Metronidazol, 12 PHMB) Wund wurde bei verschlossenem Verband bereits gerochen.

Villela-Castro, D.L., Santos, V.L.C.G., Woo, K. (2018) Polyhexanide Versus metronidazole for odour management in malignant (fungating) wound. J Wound Ostomy Continence Nurs. 2018 Aug 6. doi: 10.1097/WON.00000000000000460.

TABLE 2. Intensity, Qua	ılity, and	Impact of Wo	und Odor	
Items	Group	Day 0, Mean (SD)	Day 4, Mean (SD)	Pª
Odor rating				
Researcher B	1 2	2.67 (0.98) 2.58 (0.51)	0.33 (0.65) 0.08 (0.29)	<.001
Nurse	1 2	2.42 (1.00) 2.58 (0.79)	0.25 (0.62) 0.08 (0.29)	<.001
Other	1 2	2.67 (0.89) 2.83 (0.58)	0.33 (0.65) 0.00 (0.00)	<.001
Odor quality				
Researcher B	1 2	2.83 (1.03) 3.17 (0.72)	0.33 (0.89) 0.17 (0.58)	<.001
Nurse	1 2	2.83 (0.94) 2.92 (0.67)	0.50 (1.00) 0.08 (0.29)	<.001
Other	1 2	3.33 (0.98) 3.50 (0.80)	0.50 (0.90) 0.00 (0.00)	<.001
Patient	1 2	2.83 (1.03) 3.17 (0.94)	0.58 (1.08) 0.17 (0.58)	<.001
Odor impact				
Patient	1 2	2.25 (1.14) 2.58 (1.44)	0.42 (0.79) 0.83 (1.75)	<.001

Kein signifikanter
Unterschied zwischen PHMB
und Metronidazol

Autoren empfehlen PHMB

Villela-Castro, D.L., Santos, V.L.C.G., Woo, K. (2018) Polyhexanide Versus metronidazole for odour management in malignant (fungating) wound. J Wound Ostomy Continence Nurs. 2018 Aug 6. doi: 10.1097/WON.00000000000000460.

Resultate:

^aFisher's exact test.

recherche/innovation

innovation

Traitement des plaies malodorantes par un dispositif médical aux épices

L'odeur est une perception qui peut apparaître au décours de l'évolution d'une plaie ou en l'absence de soins (d'hygiène et/ou de plaies). Dans la plupart des situations, les odeurs nauséabondes des plaies peuvent être traitées, mais ce symptôme reste parfois incontrôlable, pouvant aller jusqu'à l'isolement ou la répudiation. L'objectif de cette étude est de développer une solution topique à base de cannelle pour le traitement des plaies malodorantes.

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Mots clés - cannelle ; COV ; curcuma ; odeur ; pansement ; plaie

Treatment of malodorous wounds by a spice medical device. Odor is a perception that can appear on necrotic, abscessed, infected, malignant wounds or in the absence of care (hygiene and / or wounds). In most situations, foul-smelling wounds can be treated, but this symptom sometimes remains uncontrollable, including isolation or repudiation. The objective of this study is to develop a topical cinnamon solution for the treatment of malodorous wounds.

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Keywords - cinnamon; curcuma; dressing; odour; turmeric; VOC; wound

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Symptom Management Series

1.0 ANGC Contact Hour

Palliative Care in the Management of Pain, Odor, and Exudate in Chronic Wounds at the End of Life

A Cohort Study

Teresa J. Kelechi, PhD, RN O Margie Prentice, MBA O Mohan Madisetti, MS O Glenda Brunette, MSN, RN, CWON O Martina Mueller, PhD

Palliative care approaches that effectively manage distressful symptoms associated with vounds at the end of life remain elicisive. This 4-week study examined a topical wound powder RGR1010 for reducing pain door, and esudate in 50 patients with pressure ulcers, skin tears, and malignant/ungating and vascular wounds receiving hospice or palliative care and explored quality of life for the caregiver. Through an observational design, the outcomes were measured with visual analog scales, 2 pain questionnaires, and a caregiver quality-of-life instrument. Intent-to-treat analyses were used. Statistically significant reductions in pain (P = 0.01), odor (P = 0.94), and exudate (P = 00003) were observed. Caregiver quality of life remained unchanged (P = 28); however, improvements were noted in 3 subscales. Findings suggest topical RGN107 reduced pain, odor, and exudate for hallenged

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The ideas and opinions expressed herein are those of the authors and not necessarily reflective of the NINR.

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Journal of Hospice & Palliative Nursing

population with wounds at the end of life. A larger comparative effectiveness trial should be conducted with other wound powder comparators and usual care approaches and should include cost benefits.

KEY WORDS

comfort care, end of life, malignant wounds, pain,

vmptom management approaches for palliative wound care are in critical need as few options exist for individuals at the end of life with wounds. There is a lack of research of wound therapeutics that effectively manage physically distressing symptoms such as pain, odor, or excessive drainage (exudate). These symptoms negatively affect quality of life for both the individual who experiences them and the caregiver who provides wound care. Wounds such as pressure ulcers skin tears and vascular lesions develop because of a host of factors including physiological changes associated with comorbid medical conditions, lack of movement skin fragility, and poor nutrition.1 Wound prevalence studies of the hospice population have shown wound rates as high as 47% half are pressure related 2 Even when life expectancy is merely a few weeks, palliative wound care options should emphasize symptom management to preserve dignity and well-being and promote quality of life of the individual

Pair

Pain is an extremely burdensome symptom, affecting 60% of individuals within the last 4 months of life.⁵ Patients and caregivers report wound pain as one of the worst aspects of having a wound because it disturbs sleep, mobility, mood, and relationships,⁵ all factors that reduce quality of life.⁵ Wound pain during dressing changes and wound cleansing is reported to be the time of greatest pain.¹ Dressing materials adhere to the fragile wound sufface because of the glow-like nature of dehydrated

www.jhpn.com 17

"RGN107 was designed to fill and cover the wound to prevent exposure to contaminants and air and reduce frequent cleansing and dressing changes. The wound powder formulation is a natural powder extract composed of active ingredients Calendula officinalis L (1) (International System of Units [SI] 0.1% volume/weight) and Arnica montana L (2) (SI 0.01% volume/weight) and inactive ingredients Mentha arvenis (3) (mint, 90 weight/weight) and Santalum album (sandalwood, SI 10% weight/weight).»







Kelechi, T.J., Prentice, M. Madisetti, M.- Brunette, G. & Mueller, M. (2017). Palliative Care in the Management of Pain, Odor, and Exudate in Chronic Wounds at the End of Life. Journal of Hospice & Palliative Nursing, 19(1). 17-25.

Sinn oder Unsinn – Wundgeruch/Exsudat

20 Patienten mit einem exulzerierenden Mammaca

Participant	WBC		PUT	CAD	SPD	SPM
ID	(/µl)	Bacterial Species	(1	pmol/mg pi	rotein)	
No MAD						
04	4,500		1.6	N.D.	N.D.	152.0
06	3,000		138.0	N.D.	N.D.	38.6
07	6,300	Pseudomonas spp. $(2+)$, gram-positive rods $(1+)$	63.I	N.D.	2.9	4.5
11	1,800		Ir	nsufficient s	sample	
14	2,800	Pseudomonas aeruginosa (3+), methicillin-sensitive Staphylococcus aureus (3+), anaerobic bacteria (-)	N.D.	N.D.	N.D.	6.3
20	10,300	S. aureus (2+), coagulase-negative staphylococci (1+)	N.D.	N.D.	N.D.	13.0
MAD						
01	1,500		199.7	885.4	N.D.	13.6
02	7,900	Morganella morganii (3+), Enterococcus faecalis (3+) S. aureus (1+), anaerobic bacteria $(-)$	7,467.0	14,201.0	26.8	N.D.
03	2,000	P. aeruginosa $(3+)$, E. faecalis $(3+)$, anaerobic bacteria $(-)$	267.0	477.0	N.D.	N.D.
08	6,800	S. aureus (3+), anaerobic bacteria (-)	28.8	N.D.	N.D.	3.3
09	2,700	β -hemolytic streptococci (3+), anaerobic gram-negative rods (3+) Pasteurella multocida (2+), Enterobacteria (1+)	6,208.4	18,382.6	32.7	112.8
12	5,200		lr	nsufficient s	sample	
13	12,800	<u>Proteus mirabilis</u> $(2+)$, <u>Klebsiella spp.</u> $(1+)$, <u>E. faecalis</u> $(1+)$	3,408.0	3,208.0	10.0	N.D.
15	5,700	Staphylococcus aureus (2+)	442.0	2,102.0	10.5	33.9
16	6,700		276.0	N.D.	11.2	68.4
18		P. aeruginosa (3+), anaerobic bacteria (-)	Ir	nsufficient s	sample	
19	3,100		lr	nsufficient s	sample	
24	4,300	<u>E. faecalis</u> $(2+)$, anaerobic bacteria $(-)$		nsufficient s		
26	7,100	P. aeruginosa (3+), Bacteroides fragilis group $(3+)$	41,066.8	57,285.0	130.9	253.0
27	6,500		lr	nsufficient s	sample	

clinic

Common problems in wound care: malodorous wounds

William Haughton, Trudie Young

Malodour is a problem for patients with various types of wounds. The problem has a physical and psychological component. Accurate assessment of the cause will facilitate treatment with wound management products that are designed to alleviate the odour.

William Haughton is Clinical Nurse Specialist-Clinical Nurse Specialist-Hospital NIIS Trust, Wirral, Merseyside, and Trusfe Young is Lecture in Nursing Studies— Department of Post Registration Studies, Solid Company, Studies, Studies, Studies, Nursing and Midwiter Hospital, Bodelwyddan, Rhyl, Clwyd. Series Editor: Carol Tos Dealey, Specialism in aber Hospital and Community Hospital and Community Hospital and Community alodorous wounds pose one of the most challenging problems for nurses in the hospital and community setting. For patients, the effect of living with a foul-smelling, discharging wound is devastatine.

Most people's body image is affected by something as small as a blemish on their face, yet we expect patients to live normally with the continual presence of a putrid odour around their person. This is unacceptable; the nurse has to use his/lef skill in wound assessment and knowledge of wound management products to assist the patient in coping with the pervading legacy of a malodorous wound.

Malodours that are desired from wounds

Malodours that are existed from wounds are derived from diamines sub- as putrescine and cadaverine. With increasing as most people experience an average loss in olfactory ability of 20%. People also become accustomed to odours, but unfortunately this does not include the odour produced by putrescine and cadaverine (Van Toller, 1994). All wounds produce an odour. Healthy

wounds have:

"...a faint but not unpleasant odour aking to fresh blood' (Cutting and Harding, 1994).

The key to successful management of the odour is therefore accurate wound

Malodorous wounds are not confined to a certain type of wound. Pressure sores, leg dicers, surgical wounds and fungating wounds can all produce an offensive odour.

The type of tissue present within the wound is often the cause of the odour. The main culprit is slough (Figure I), which according to Thomas (1990):

"...may be composed of necrotic tissue or a mixture of fibrin and pus."

This is essentially dead tissue and the smell it produces can be equated to the smell of retting flesh, e.g. when a piece of meat is left to becompose in the sun. The meat would be discarded from our homes; the patient with a main-drous wound can also feel discarded and so'dly isolated as a result of the smell that his ther wound produces.

The presence of necrotic tissue/slough predisposes the wound to secondary bacterial infection. It provides an ideal medium in which many bacterial species can multiply and thrive. Bacteroides and Clostridism welchii are anaerobic organisms that produce distinctive acrid odours. Aerobic organisms such as Proteus, Klebsiella and Pseudomonas can also produce repulsive odours (Thomas, 1990). Non-hæmolytic Streptococcus was identified as the cause of a foul smell in a patient's radical vulvectomy wound (Roberts et al., 1992).

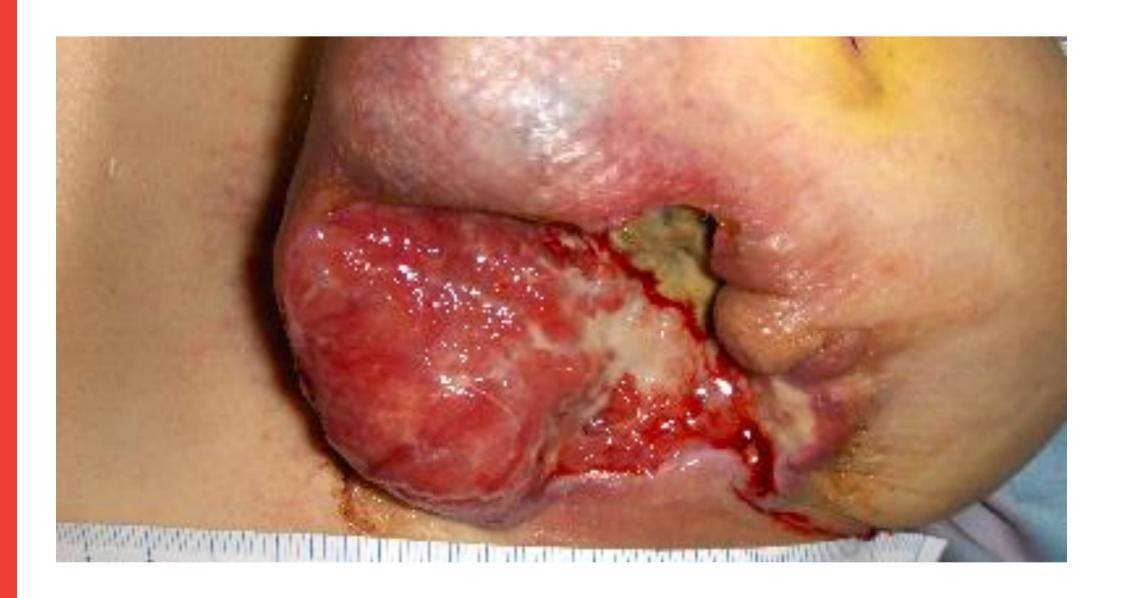
The most frequently documented malodorous wound is the fungating wound (Grocott, 1992; Woodhouse, 1992; Fear, 1993; Carville, 1995; Grocott, 1995). Fungating wounds are prime examples of



Figure 1. A sloughy wound.

- Joghurt

- Buttermilch



Sinn oder Unsinn - Wundgeruch - Umgebung

"Wirkstoff"	Wirkung
Aktivkohle	Geruchsabsorption
Katzenstreu	
Rasierschaum	
Aceto Balsamico	
Raumerfrischer	Geruchsabsorption und/oder
	Maskierung des Geruchs
Ätherische Öle	Maskierung des Geruchs

Gethin, G., McIntosh, C., Probst, S. (2016). Complementary and Alternative Therapies for Management of Odor in Malignant Fungating Wounds: A Critical Review. Chronic Wound Care Management and Research, 3: 1-7.

Sinn oder Unsinn - Exsudat







abnormale Kapillarenpermeabilität (hoher Permeabilitätsfaktor)

- Abgabe von Sekret durch Tumor
- Wirkung von bakteriellen Enzymen (Proteasen)
- Entzündungsprozess →
 Infektion

Haftung der Wundverbände auf dehydriertem Gewebe

- Auslaufen und Durchdrücken
- Mazeration

Stoma- oder Fistelbeutel

- Alginate und Schaumstoffverbände mit oder ohne Ag+
- Schutz des Wundrandes
- Palliative Situation: ev.
 Vakuumtherapie
 (!Neonagiogenese!,
 Fisteln!)

Probst, S., Grocott, P. Graham, T. Gethin, G. (2015). Recommendation for the care of patients with malignant fungating wounds European Oncology Nursing Society (EONS), London.

Probst S. (2015). Wounds with exudate and odour. British Journal of Nursing. 8;24(6):S22.

Sinn oder Unsinn - Exsudat und NPWT

INJ International Wound Journa

International Wound Journal ISSN 1742-4801

ORIGINAL ARTICLE

Use of negative pressure wound therapy on malignant wounds — a case report and review of literature

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Key words

malignancy; malignant wound; negative pressure wound therapy; vacuum-assisted closure; wound closure

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Cai SS, Gowda AU, Alexander RH, Silverman RP, Goldberg NH, Rasko YM. Use of negative pressure wound therapy on malignant wounds – a case report and review of literature. Int Wound 1.2017; 14:661–665

Abstract

The presence of malignancy is considered a contraindication to the use of negative pressure wound therapy (NPWT) because of concerns that it may promote tumourisenesis and expedite metastasis. This notion is extrapolated from studies evaluating NPWT in normal tissues. Despite the absence of direct evidence, the use of this technology in malignant wounds is widely considered a contraindication. We present the case of a patient with treatment-resistant metastatic colon cancer, who developed a chronic abdominal wound with positive margins. A staged reconstruction using NPWT was performed and wound closure allowed the patient to meet eligibility criteria and enrol in a clinical trial for treatment of his oncological disease. Skin closure remained intact until the patient expired 6 months after the wound closure. This case, as well as others in the literature, demonstrated that the use of NPWT should not be considered an absolute contraindication in malignancy. Individualised approaches taking into account the patient's clinical scenario, the available evidence, as well as the risks and benefits of this technology are recommended.

Introduction

The therapeutic potential of negative pressure wound therapy (NPWT) is well documented. Both randomised controlled trials and retrospective cohort studies report benefits such as reduced wound volume, accelerated granulation formation and a lower incidence of postoperative complications including infection, dehiscence and necrosis (1–4). Its clinical applications currently encompass exposed bone or joints, deep sternal wounds, open abdomen or intra-abdominal infections, as well as ulcers from pressure injury, vascular insufficiency and diabetes (5–10). Despite the broadening clinical usage of NPWT, one prevailing contraindication is its use in malignant wounds because of concerns that NPWT may promote tumourisenesis and expedite metastasis (3). This belief is derived from studies on normal tissues, and no literature directly supports the hypothesis that NPWT modulates oncological progression.

A 44-year-old man with metastatic colon cancer, which was unresponsive to surgical debulking, multi-regimen chemotherapy and local radiation, developed a non-healing abdominal wound with gross tumour association. The patient had hoped to enrol in a clinical trial that offered potentially life-saving treatments; however, the presence of a chronic open wound precluded trial enrolment. Despite the commonly held belief that NPWT is contraindicated in malignant wounds, the senior author closed this patient's abdominal wound by performing a staged reconstruction using two novel types of NPWT: NPWT with instillation of topical wound solutions with a dwell time (NPWTi-d; VA.C. VERAFLOr* Therapy, KCI, an ACELITY

Key Messages

- malignant wound is not an absolute contraindication to the application of NPWT
- the use of NPWT in malignant wounds should be individualised with careful consideration of its risks and benefits
- combination of NPWT with instillation of topical wound solutions with a dwell time and closed incision negative pressure therapy can effectively close malignant wounds

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- Case report
- Resultate
 - Keine Kontraindikation
 - Neoangiogenese
 - Individueller Ansatz

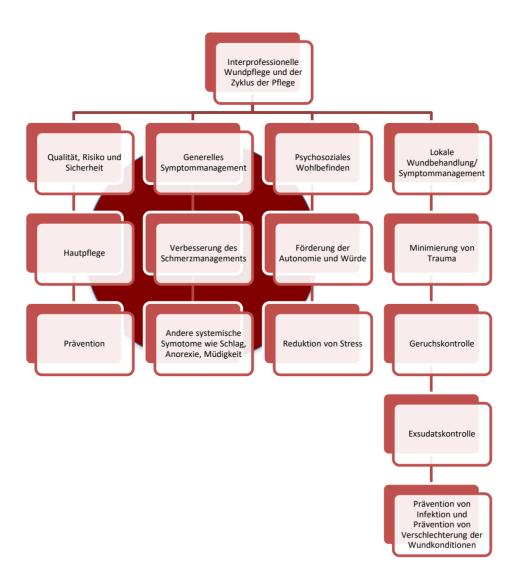
Cai, S.S., Gowda, A. U., Alexander, R.H., Silverman, R.P., Goldberg, N.H. & Rasko, Y.M. (2016). Use of negative pressure wound therapy on malignant wounds - a case report and review of literature. International Wound Journal. 14, 661-665.

Sinn oder Unsinn – Exsudat - Wundrandschutz

Туре	Description	Application	Comments
Silicone	Polymers that include silicone together with carbon, hydrogen, oxygen	Apply to peri-wound skin	Allergy is rare: certain types of silicone product are tacky, facilitating dressing adherence to the skin without any adhesive
Zinc oxide/petrolatum Acrylates	Inorganic compounds that are insoluble in water. Film-forming liquid skin preparation to form a protective interface on skin attachment sites.	Apply a generous quantity to skin. Spray or wipe on skin sparingly	May interfere with activity of ionic silver. Allergy is uncommon; facilitates visualization of peri-wound skin
Hydrocolloid or adhesive film dressing	A hydrocolloid wafer consists of a backing with carboxymethylcellulose as the filler, waterabsorptive components, such as gelatin and pectin (commercial gelatin desserts), and an adhesive.	Window frame the wound margin to prevent recurrent stripping of skin	Allergies have been reported from some colophony-related adhesives (Pentylin H) associated with some hydrocolloid dressings.



Schlüsselkomponenten für die interprofessionelle Wundbehandlung







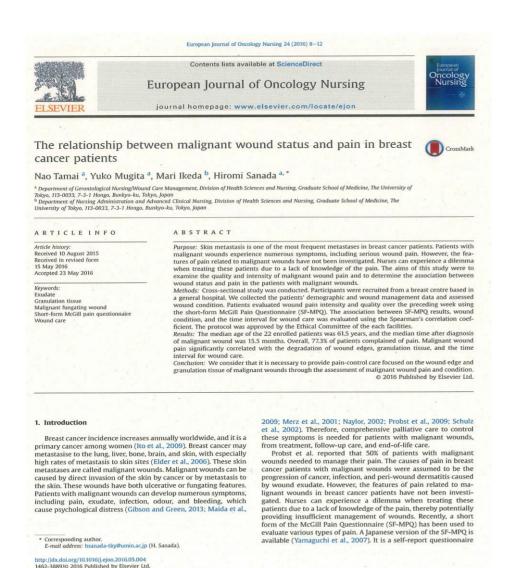
Schlüsselfrage: Welche Rezeptoren sind involviert?

oberflächlich und stechender Schmerz

Druck des Tumors,
Exposition der
Dermis,
Schwellungen,
Infektionen,
unsachgemässer
Verbandswechsel

Probst, S., Grocott, P. Graham, T. Gethin, G. (2015). Recommendation for the care of patients with malignant fungating wounds European Oncology Nursing Society (EONS), London.

Probst, S. (2014). Vom Ekel bis zum Würgereflex. Pflegezeitschrift, 6, 356-359.



- Cross sectional study
 - 22 Patienten
- 77.3% der Patienten leiden unter Schmerz
- Häufigster Ort: Wundrand

Strategie	Ziele
Patientenedukation	Web-basiertes Lernen Face-to-Face: Beratung
Pharmakologisch	Topisch: Morphin*, Lokalanästhetika, Ibubrufen (Wundverband) Systemisch: Nozizeptiver Schmerz: NSAR, Opioide, Neuropathischer Schmerz: Serotonin-Wiederaufnahme Hemmer (Bsp: Duloxetin (Cymbalta), Antikonvulsiva (Bsp. Benzodiazepine, ecc).
Lokale Wundbehandlung	Atraumatische Oberfläche (wie Silikon) Entfernen von Bakterien Wundrandschutz Behandlung von Infektion
Physikalische Therapie	Heiss oder kalt, Massagen,, Lagerung,
Energietherapie	Qi gong, Reiki, healing touch
Angstreduktion	Edukation, Musiktherapie,
Kognitive-Therapie	Problembasierte Fähigkeiten, positives Denken
Therapeutische Allianz	Kommunikationstechniken, Ziele setztn,
Empowerment	Entscheidungen respektieren, Autonomie respektieren,

Accepted Manuscript

Topical review

How are topical opioids used to manage painful cutaneous lesions in palliative care? A critical review

Tanya Graham, Patricia Grocott, Sebastian Probst, Steven Wanklyn, Jacqueline Dawson, Georgina Gethin

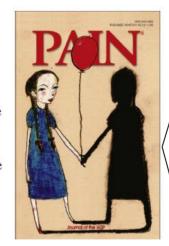
PII: S0304-3959(13)00322-9

DOI: http://dx.doi.org/10.1016/j.pain.2013.06.016

Reference: PAIN 8857

To appear in: PAIN

Received Date: 12 March 2013 Revised Date: 10 June 2013 Accepted Date: 11 June 2013



Die Ergebnisse zeigen, dass die Absorption von topisch applizierten Opiaten sicher und bedenkenlos ist, da die Dosis klein ist. In der Literatur werden Dosen von 1.6mg bis 15mg in verschiedenen Konzentrationen angegeben.

Die am häufigsten verwendete Konzentration ist diejenige von 10mg Morphin in 8g Hydrogel

Please cite this article as: T. Graham, P. Grocott, S. Probst, S. Wanklyn, J. Dawson, G. Gethin, How are topical opioids used to manage painful cutaneous lesions in palliative care? A critical review, *PAIN* (2013), doi: http://dx.doi.org/10.1016/j.pain.2013.06.016

Graham T, Grocott P, Probst S, Wanklyn S, Dawson J, Gethin G. How are topical opioids used to manage painful cutaneous lesions in palliative care? A critical review. Pain. 2013;154(10):1920-8.

732 Journal of Pain and Symptom Managemen

Vol. 54 No. 5 November 2017

Clinical Note

Topical Medical Cannabis: A New Treatment for Wound Pain—Three Cases of Pyoderma Gangrenosum



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Abstract

Pain associated with integumentary wounds is highly prevalent, yet it remains an area of significant unmen need within health care. Currently, systemically administered opioids are the mainstay of treatment. However, recent publications are casting opioids in a negative light given their high side effect profile, inhibition of wound healing, and association with accidental overdose, incidents that are frequently fatal. Thus, novel analgesic strategies for wound-related pain need to be investigated. The ideal methods of pain relief for wound patients are modalities that are topical, lack systemic side effects, noninvousive, self-administered, and display rapid onset of analgesic. Extracts forwere from the camands plant have been applied to wounds for thousands of years. The discovery of the human endocannobinoid system and its dominant presence throughout the integiumentary system provides a valid and logical scientific platform to consider the use of topical cannobinoids for wounds. We are reporting a prospective case series of three patients with poderma gangeneous that were treated with topical medical cannobis compounded in mongenetically medified organic sunflower oil. Clinically significant analgesis that was associated with reduced opioid utilization was noted in all three cases. Topical medical cannobis has the potential to improve pain management in patients suffering from wounds of all classes. I Pain Symptom Manage 2017;54:732—736. © 2017 American Academy of Hospice and Palliative Medicine. Published by Elsevier Inc. All rights reserved.

V. Wanda

Topical medical cannabis, pyoderma gangrenosum, wound-related pain, volitional incident pain, opioid-sparing analgesia, endocannabinoid system, THC, CBD, medical cannabis oil

Introduction

Patients with wounds experience background (baseline) pain and breakthrough pain.\(^{12}\) Wound-related breakthrough pain includes both volitional incident pain (procedural pain) and nonvolitional incident pain.\(^{14}\) Systemically administered opioids are the commonest treatment for moderate-to-severe wound-related pain.\(^{12}\) A wide range of topically applied agents have been studied in the wound setting including opioids (morphine, diamorphine, and methadone), ketamine, capsaicin, lidocaine, and ibuprofen.\(^{12}\) Morphine compounded in hydrogels is the most studied wound-related topical analgesic modality with eight randomized controlled studies published.\(^{3-2}\) Although it is theorized that topical opioids exert analgesia by interacting with peripherally

ported with topical morphine in some animal models and one human study involving corneal lesions. Furthermore, a recent longitudinal observational study of 450 patients with chronic wounds has

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situated opioid receptors, a degree of systemic absorp-

tion has been demonstrated, suggesting that some of

the observed analgesia may be on a central basis.

However, the efficacy of topical morphine remains

questionable as only three of the eight randomized

controlled studies demonstrate analgesic efficacy. 5-7

In those studies where significant analgesia was

observed, it was generally noted to have occurred

within 60 minutes of its topical application.^{6,7} Thus,

topical morphine does not appear to be appropriate

to deal with wound-related breakthrough pain.

Opioid-induced inhibition of wound healing is an

additional emerging concern as this has been re-

• 0.5-1.0 ml Cannabis-

OI (THC (delta-9-etrahydrocannabinol

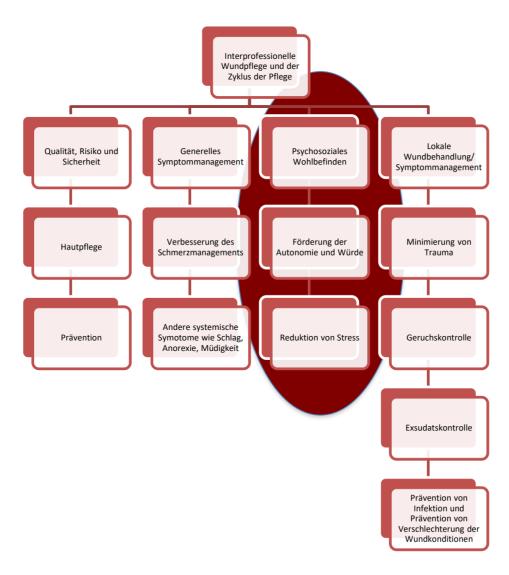
7mg/ml et CBD (Cannabinol) 9mg/ml)

- 2x pro Tag auf die Wunde
- Mit einem nicht adhäsiven Wundverband abdecken

Maida, V., Corban, J. (2017). Topical Medical Cannabis: A New Treatment for Wound Pain-Three Cases of Pyoderma Gangrenosum, *Journal of Pain and Symptom Management*, 54 (5). 732-736.



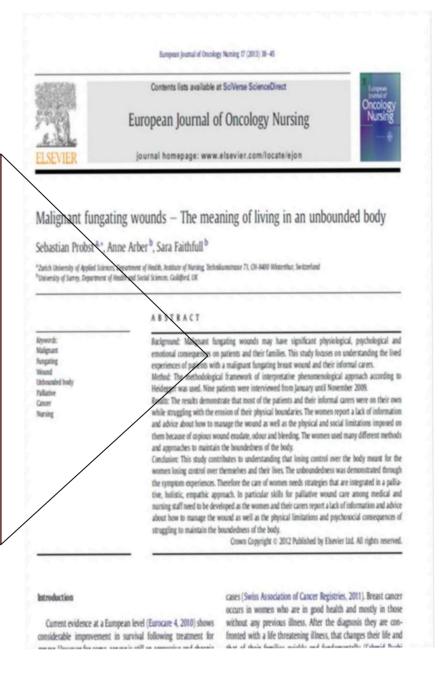
Schlüsselkomponenten für die interprofessionelle Wundbehandlung



- Das Leben mit einer palliativen Wunde verändert das Leben der Patienten komplett.
- Maligne Wunde: Sobald der Krebs sichtbar wird, stehen die Patienten unter starker Belastung.
- Die wundbezogenen Probleme sind oft unkontrollierbar und unberechenbar, da sie zu jeder Zeit während des Tages oder der Nacht auftreten können.

Das Leben mit einer malignen Wunde und der Umgang mit dem veränderten Körperbild als schwierig.

Die wundbezogenen Probleme, wie das auslaufende Exsudat, der Wundgeruch, die Wundschmerzen, die Blutungen und der Juckreiz sowohl als eine physische als auch als eine psychische Herausforderung erlebten.



- Schmerz hat grosse Auswirkungen auf die Lebensqualität.
- Hoffnung:
 - dass Arzt etwas gegen die Schmerzen verschreiben kann
 - dass ein rezeptfreies Schmerzmittel aus der Apotheke bezogen werden kann (meist in einem anderen Ort)
 - →ABER haben Angst, zu viele Schmerzmittel einzunehmen und davon abhängig werden.
 - Schmerzmittel werden entweder unregelmässig eingenommen oder das Rezept wird nie eingelöst

research

Coping with an exulcerated breast carcinoma: an interpretative phenomenological study

- . Objective: To explore how women living at home with a malignant fungating wound (MFW) cope
- . Method: To explore coping through the lived experiences of patients a methodological framework using Heideggerian hermeneutic phenomenology and serxi-structured interviews was used. Nine patients were interviewed from January until November 2009.
- · Results: The results are divided into two categories: living with a MFW' and 'feeling different'. These categories demonstrate how it is to live with the unpredictability and uncontrollability of a MFW due to symptoms such as malodour, bleeding, exudate, pain and itching. The loss of control of the body boundary due to uncontrollable symptoms led to significant levels of discress and suffering for the patients. Different coping strategies were used to live with this wound.
- . Conclusion: This study demonstrates how difficult it is to live and cope with a malignant fungating wound. Hiding and denying or going into isolation were the used coping strategies. Scrategies that are integrated in a palliative, holistic, empathic approach is needed if taking care of a patient with a MFW.
- . Declaration of interest: There were no external sources of funding for this study. The authors have no additional conflicts of interest to declare.

malignant fungating wound; coping; experiences; palliative wound care

with cancer develop such wounds, with the breast Wound-related stigma was a significant finding in being the most frequently affected site;1 however, one study,2 whereby patients felt socially isolated with increasing life expectancy of patients with because of the wound exudate and odour, which led advanced cancer, there may be an increase of those them to lose self-confidence; some kept the wound suffering from this condition.2

patients with a MFW is challenging, as coping with dour, psychological issues and age.

alignant fungating wounds (MFW) the issues that create shame and embarrassment are | S. Probut. | DCInPrac occur through locally-advanced, the unpleasant odour from the wound, which is one metastatic or recurrent cancer that of the worst aspects for patients, as well as concerns infiltrates the skin and disrupts its about leakage of exudate, pain and other fears relatintegrity. Around 7% of patients ed to being diagnosed with advanced cancer.58

a secret from family members, to avoid losing face. The average life expectancy for people with a MFW The number and burden of symptoms experienced is around 6-12 months,2 so this is a palliative situably those with a MFW is linked to a poorer quality of tion. Closure of MFWs requires the malignant cells to life.9 Among the issues contributing to a poorer be treated by cancer therapy. Providing care for quality of life were the experience of pain, malo-

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Guldford, UK.

zhawch

"Ja, manchmal bin ich fast wegen der schrecklichen Schmerzen die Wände hoch. Ja, es war wirklich furchtbar. Ich weinte oft. Ich nahm alle möglichen rezeptfreien Pillen, aber keine davon linderte die Schmerzen. Das Einzige, was ich tun konnte, war abzuwarten bis sie wieder vergingen. Wenn Sie zum Arzt gehen, dann bekommen Sie nämlich nur Schmerzmittel, von denen Sie abhängig werden. Und dies will ich nicht."

Probst, S., Arber, A., Faithful, S. Coping with an exulcerated breast carcinoma: an interpretative phenomenological study. J Wound Care. 2013; 22(7):352-4, 356-8, 360.

- Wundgeruch verursacht viel Leid.
- Beschreibung von Patienten wie sie die Wunde riechen konnten

Faulender Geruch → «ich verwese»

 Unternehmen alles Mögliche, um diesen Geruch zu bekämpfen

ist schwierig den Wundgeruch zu

- Blutungen schränken das tägliche Leben ein
- Blutungen bringen Patienten oft zur Verzweiflung



- Auslaufendes Wundexsudat = Kontrolle über den eigenen Körper verlieren
- Die Unsicherheit, ob der Verband aufgrund des ständigen Nässens richtig angewandt wird
- Befürchtung, dass das auslaufende Exsudat von aussen sichtbar ist -> emotionales Wohlbefinden

 Die Anwendung von CAM ist für viele Patienten eine positive Strategie, um die Wunde und somit ihr Leben unter Kontrolle zu bekommen.

Probst, S., Arber, A., Faithful, S. (2013). Malignant fungating wounds—the meaning of living in an unbounded body. *Eur J Oncol Nurs*.17: 38–45.

Probst, S., Arber, A., Faithful, S. Coping with an exulcerated breast carcinoma: an interpretative phenomenological study. J Wound Care. 2013; 22(7):352-4, 356-8, 360.

Probst, S., Arber, A., Trojan, A., Faithfull, S. (2012). Caring for a loved one with a malignant fungating wound. *Support Care Cancer*. 20: 3065–3070.

Schlussfolgerungen

- Es sollte ein palliativ, ganzheitlicher, empathischer Ansatz gewählt werden.
- Die Wundsymptome (Wundgeruch, Exsudat, Blutung, Schmerzen und Juckreiz), sollten wirksam behandelt werden, indem angemessene Wundverbände gewählt werden.
- Es ist für alle Betroffenen schwierig ist mit einer palliativen Wunde zu leben.
- Das Ziel der Behandlung von Patienten und deren Angehörige mit diesen Wunden ist eine gute Lebensqualität zu ermöglichen.

Schlussfolgerungen

- Was bedeutet dies f
 ür das Gesundheitspersonal
 - Fähigkeiten eine palliative Wunde zu beurteilen,
 - Umgang und Kommunikation von sensible Themen (Patient/Familie/interdisziplinäres Team)
 - Verstehen von psychologische Auswirkungen
 - Verstehen von Konsequenzen für die Familie
 - Gute Kenntnis über Kontrolle wundbezogenen Symptome

Pflege und Behandlung der malignen Wunde

Konzept und Leitfaden für die Praxis



https://www.onkologiepflege.ch/fachwissen/fachmaterial/aktuelles-fachmaterial/

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photo: https://www.google.ch/search?hl=de&site=imghp&tbm=isch&source=hp&biw=1536&bih=770&q=genf&gg_l=img.3..0l10.1455.2283.0.2524.4.4.0.0.0.0.32.101.4.4.0..0.1ac.1.64.img..

Besten Dank für Ihre Aufmerksamkeit

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